

27-28 ----- Reflection -----

29 Hebrews 6 Proverbs 29

30 Hebrews 6 Proverbs 30

OCTOBER

Meditation Passage **Proverb of Day**

1 Hebrews 6 Proverbs 1

2 Hebrews 6 Proverbs 2

3 Hebrews 6 Proverbs 3

4-5 ----- Reflection -----

6 Hebrews 7 Proverbs 6

7 Hebrews 7 Proverbs 7

8 Hebrews 7 Proverbs 8

9 Hebrews 7 Proverbs 9

10 Hebrews 7 Proverbs 10

11-12 ----- Reflection -----

13 Hebrews 8 Proverbs 13

14 Hebrews 8 Proverbs 14

15 Hebrews 8 Proverbs 15

16 Hebrews 8 Proverbs 16

17 Hebrews 8 Proverbs 17

18-19 ----- Reflection -----

20 Hebrews 9 Proverbs 20

21 Hebrews 9 Proverbs 21

22 Hebrews 9 Proverbs 22

23 Hebrews 9 Proverbs 23

24 Hebrews 9 Proverbs 24

25-26 ----- Reflection -----

27 Hebrews 10 Proverbs 27

28 Hebrews 10 Proverbs 28

29 Hebrews 10 Proverbs 29

30 Hebrews 10 Proverbs 30

31 Hebrews 10 Proverbs 31

NOVEMBER

Meditation Passage **Proverb of Day**

1-2 ----- Reflection -----

3 Hebrews 11 Proverbs 3

4 Hebrews 11 Proverbs 4

5 Hebrews 11 Proverbs 5

6 Hebrews 11 Proverbs 6

7 Hebrews 11 Proverbs 7

8-9 ----- Reflection -----

10 Hebrews 12 Proverbs 10

11 Hebrews 12 Proverbs 11

12 Hebrews 12 Proverbs 12

13 Hebrews 12 Proverbs 13

14 Hebrews 12 Proverbs 14

15-16 ----- Reflection -----

17 Hebrews 13 Proverbs 17

18 Hebrews 13 Proverbs 18

19 Hebrews 13 Proverbs 19

20 Hebrews 13 Proverbs 20

21 Hebrews 13 Proverbs 21

22-23 ----- Reflection -----

24 Jude Proverbs 24

25 Jude Proverbs 25

26 Jude Proverbs 26

27 Jude Proverbs 27

28 Jude Proverbs 28

29-30 ----- Reflection -----

DECEMBER

Meditation Passage **Proverb of Day**

1 Jonah 1 Proverbs 1

2 Jonah 1 Proverbs 2

3 Jonah 1 Proverbs 3

4 Jonah 1 Proverbs 4

5 Jonah 1 Proverbs 5

6-7 ----- Reflection -----

8 Jonah 2 Proverbs 8

9 Jonah 2 Proverbs 9

10 Jonah 2 Proverbs 10

11 Jonah 2 Proverbs 11

12 Jonah 2 Proverbs 12

13-14 ----- Reflection -----

15 Jonah 3 Proverbs 15

16 Jonah 3 Proverbs 16

17 Jonah 3 Proverbs 17

18 Jonah 3 Proverbs 18

19 Jonah 3 Proverbs 19

20-21 ----- Reflection -----

22 Jonah 4 Proverbs 22

23 Jonah 4 Proverbs 23

24 Jonah 4 Proverbs 24

25 Jonah 4 Proverbs 25

26 Jonah 4 Proverbs 26

27-28 ----- Reflection -----

29 Obadiah Proverbs 29

30 Obadiah Proverbs 30

31 Obadiah Proverbs 31



OBC Scripture Meditation Plan 2025

Some Bible Reading plans run through the Bible so quickly that you don't have time to understand and apply what you're reading. There's value in reading through the Bible in a year . . . but there's also value in reading it slowly and repeatedly to make sure you understand it. The second approach is what this Scripture Meditation Plan is all about. Each week you'll read and re-read one chapter of God's Word, allowing its truths to sink deeply into your heart and life. Each day you'll also read some Psalms or Proverbs to draw you into worship and give you new things to think about.

JANUARY

Meditation Passage **Psalms of Day**

1 ----- Reflection -----

2 ----- Reflection -----

3 ----- Reflection -----

4-5 ----- Reflection -----

6 John 1 Ps. 6,36,66,96,126

7 John 1 Ps. 7,37,67,97,127

8 John 1 Ps. 8,38,68,98,128

9 John 1 Ps. 9,39,69,99,129

10 John 1 Ps. 10,40,70,100,130

11-12 ----- Reflection -----

13 John 2 Ps. 13,43,73,103,133

14 John 2 Ps. 14,44,74,104,134

15 John 2 Ps. 15,45,75,105,135

16 John 2 Ps. 16,46,76,106,136

17 John 2 Ps. 17,47,77,107,137

18-19 ----- Reflection -----

20 John 3 Ps. 20,50,80,110,140

21 John 3 Ps. 21,51,81,111,141

22 John 3 Ps. 22,52,82,112,142

23 John 3 Ps. 23,53,83,113,143

24 John 3 Ps. 24,54,84,114,144

25-26 ----- Reflection -----

27 John 4 Ps. 27,57,87,117,147

28 John 4 Ps. 28,58,88,118,148

29 John 4 Ps. 29,59,89,149

30 John 4 Ps. 30,60,90,120,150

31 John 4 Ps. 119

FEBRUARY

Meditation Passage **Psalms of Day**

1-2 ----- Reflection -----

3 John 5 Ps. 3,33,63,93,123

4 John 5 Ps. 4,34,64,94,124

5 John 5 Ps. 5,35,65, 95,125

6 John 5 Ps. 6,36,66,96,126

7 John 5 Ps. 7,37,67,97,127

8-9 ----- Reflection -----

10 John 6 Ps. 10,40,70,100,130

11 John 6 Ps. 11,41,71,101,131

12 John 6 Ps. 12,42,72,102,132

13 John 6 Ps. 13,43,73,103,133

14 John 6 Ps. 14,44,74,104,134

15-16 ----- Reflection -----

17 John 7 Ps. 17,47,77,107,137

18 John 7 Ps. 18,48,78,108,138

19 John 7 Ps. 19,49,79,109,139

20 John 7 Ps. 20,50,80,110,140

21 John 7 Ps. 21,51,81,111,141

22-23 ----- Reflection -----

24 John 8 Ps. 24,54,84,114,144

25 John 8 Ps. 25,55,85,115,145

26 John 8 Ps. 26,56,86,116,146

27 John 8 Ps. 27,57,87,117,147

28 John 8 Ps. 28,58,88,118,148

MARCH

Meditation Passage **Psalms of Day**

1-2 ----- Reflection -----

3 John 9 Ps. 3,33,63,93,123

4 John 9 Ps. 4,34,64,94,124

5 John 9 Ps. 5,35,65,95,125

6 John 9 Ps. 6,36,66,96,126

7 John 9 Ps. 7,37,67,97,127

8-9 ----- Reflection -----

10 John 10 Ps. 10,40,70,100,130

11 John 10 Ps. 11,41,71,101,131

12 John 10 Ps. 12,42,72,102,132

13 John 10 Ps. 13,43,73,103,133

14 John 10 Ps. 14,44,74,104,134

15-16 ----- Reflection -----

17 John 11 Ps. 17,47,77,107,137

18 John 11 Ps. 18,48,78,108,138

19	□	John	11	□	Ps. 19,49,79,109,139
20	□	John	11	□	Ps. 20,50,80,110,140
21	□	John	11	□	Ps. 21,51,81,111,141
22-23	----- <i>Reflection</i> -----				
24	□	John	12	□	Ps. 24,54,84,114,144
25	□	John	12	□	Ps. 25,55,85,115,145
26	□	John	12	□	Ps. 26,56,86,116,146
27	□	John	12	□	Ps. 27,57,87,117,147
28	□	John	12	□	Ps. 28,58,88,118,148
29-30	----- <i>Reflection</i> -----				
31	□	John	13	□	Ps. 119

APRIL

Meditation Passage	Psalms of Day
1 □ John 13	□ Ps. 1,31,61,91,121
2 □ John 13	□ Ps. 2,32,62,92,122
3 □ John 13	□ Ps. 3,33,63,93,123
4 □ John 13	□ Ps. 4,34,64,94,124
5-6	----- <i>Reflection</i> -----
7 □ John 14	□ Ps. 7,37,67,97,127
8 □ John 14	□ Ps. 8,38,68,98,128
9 □ John 14	□ Ps. 9,39,69,99,129
10 □ John 14	□ Ps. 10,40,70,100,130
11 □ John 14	□ Ps. 11,41,71,101,131
12-13	----- <i>Reflection</i> -----
14 □ John 15	□ Ps. 14,44,74,104,134
15 □ John 15	□ Ps. 15,45,75,105,135
16 □ John 15	□ Ps. 16,46,76,106,136
17 □ John 15	□ Ps. 17,47,77,107,137
18 □ John 15	□ Ps. 18,48,78,108,138
19-20	----- <i>Reflection</i> -----
21 □ John 16	□ Ps. 21,51,81,111,141
22 □ John 16	□ Ps. 22,52,82,112,142
23 □ John 16	□ Ps. 23,53,83,113,143
24 □ John 16	□ Ps. 24,54,84,114,144
25 □ John 16	□ Ps. 25,55,85,115,145
26-27	----- <i>Reflection</i> -----
28 □ John 17	□ Ps. 28,58,88,118,148
29 □ John 17	□ Ps. 29,59,89,149
30 □ John 17	□ Ps. 30,60,90,120,150

MAY

Meditation Passage	Psalms of Day
1 □ John 17	□ Ps. 1,31,61,91,121
2 □ John 17	□ Ps. 2,32,62,92,122
3-4	----- <i>Reflection</i> -----

5 □ John 18	□ Ps. 5,35,65,95,125
6 □ John 18	□ Ps. 6,36,66,96,126
7 □ John 18	□ Ps. 7,37,67,97,127
8 □ John 18	□ Ps. 8,38,68,98,128
9 □ John 18	□ Ps. 9,39,69,99,129
10-11	----- <i>Reflection</i> -----
12 □ John 19	□ Ps. 12,42,72,102,132
13 □ John 19	□ Ps. 13,43,73,103,133
14 □ John 19	□ Ps. 14,44,74,104,134
15 □ John 19	□ Ps. 15,45,75,105,135
16 □ John 19	□ Ps. 16,46,76,106,136
17-18	----- <i>Reflection</i> -----
19 □ John 20	□ Ps. 19,49,79,109,139
20 □ John 20	□ Ps. 20,50,80,110,140
21 □ John 20	□ Ps. 21,51,81,111,141
22 □ John 20	□ Ps. 22,52,82,112,142
23 □ John 20	□ Ps. 23,53,83,113,143
24-25	----- <i>Reflection</i> -----
26 □ John 21	□ Ps. 26,56,86,116,146
27 □ John 21	□ Ps. 27,57,87,117,147
28 □ John 21	□ Ps. 28,58,88,118,148
29 □ John 21	□ Ps. 29,59,89,149
30 □ John 21	□ Ps. 30,60,90,120,150
31	----- <i>Reflection</i> -----

JUNE

Meditation Passage	Psalms of Day
1	----- <i>Reflection</i> -----
2 □ 1 Thess. 1	□ Ps. 2,32,62,92,122
3 □ 1 Thess. 1	□ Ps. 3,33,63,93,123
4 □ 1 Thess. 1	□ Ps. 4,34,63,94,124
5 □ 1 Thess. 1	□ Ps. 5,35,65,95,125
6 □ 1 Thess. 1	□ Ps. 6,36,66,96,126
7-8	----- <i>Reflection</i> -----
9 □ 1 Thess. 2	□ Ps. 9, 39,69,99,129
10 □ 1 Thess. 2	□ Ps. 10,40,70,100,130
11 □ 1 Thess. 2	□ Ps. 11,41,71,101,131
12 □ 1 Thess. 2	□ Ps. 12,42,72,102,132
13 □ 1 Thess. 2	□ Ps. 13,43,73,103,133
14-15	----- <i>Reflection</i> -----
16 □ 1 Thess. 3	□ Ps. 16,46,76,106,136
17 □ 1 Thess. 3	□ Ps. 17,47,77,107,137
18 □ 1 Thess. 3	□ Ps. 18,48,78,108,138
19 □ 1 Thess. 3	□ Ps. 19,49,79,109,139
20 □ 1 Thess. 3	□ Ps. 20,50,80,110,140
21-22	----- <i>Reflection</i> -----

23 □ 1 Thess. 4	□ Ps. 23,53,83,113,143
24 □ 1 Thess. 4	□ Ps. 24,54,84,114,144
25 □ 1 Thess. 4	□ Ps. 25,55,85,115,145
26 □ 1 Thess. 4	□ Ps. 26,56,86,116,146
27 □ 1 Thess. 4	□ Ps. 27,57,87,117,147
28-29	----- <i>Reflection</i> -----
30 □ 1 Thess. 5	□ Ps. 30,60,90,120,150

JULY

Meditation Passage	Proverb of Day
1 □ 1 Thess. 5	□ Proverbs 1
2 □ 1 Thess. 5	□ Proverbs 2
3 □ 1 Thess. 5	□ Proverbs 3
4 □ 1 Thess. 5	□ Proverbs 4
5-6	----- <i>Reflection</i> -----
7 □ 2 Thess. 1	□ Proverbs 7
8 □ 2 Thess. 1	□ Proverbs 8
9 □ 2 Thess. 1	□ Proverbs 9
10 □ 2 Thess. 1	□ Proverbs 10
11 □ 2 Thess. 1	□ Proverbs 11
12-13	----- <i>Reflection</i> -----
14 □ 2 Thess. 2	□ Proverbs 14
15 □ 2 Thess. 2	□ Proverbs 15
16 □ 2 Thess. 2	□ Proverbs 16
17 □ 2 Thess. 2	□ Proverbs 17
18 □ 2 Thess. 2	□ Proverbs 18
19-20	----- <i>Reflection</i> -----
21 □ 2 Thess. 3	□ Proverbs 21
22 □ 2 Thess. 3	□ Proverbs 22
23 □ 2 Thess. 3	□ Proverbs 23
24 □ 2 Thess. 3	□ Proverbs 24
25 □ 2 Thess. 3	□ Proverbs 25
26-27	----- <i>Reflection</i> -----
28 □ Philemon	□ Proverbs 28
29 □ Philemon	□ Proverbs 29
30 □ Philemon	□ Proverbs 30
31 □ Philemon	□ Proverbs 31

AUGUST

Meditation Passage	Proverb of Day
1 □ Philemon	□ Proverbs 1
2-3	----- <i>Reflection</i> -----
4 □ Titus 1	□ Proverbs 4
5 □ Titus 1	□ Proverbs 5
6 □ Titus 1	□ Proverbs 6
7 □ Titus 1	□ Proverbs 7

8 □ Titus 1	□ Proverbs 8
9-10	----- <i>Reflection</i> -----
11 □ Titus 2	□ Proverbs 11
12 □ Titus 2	□ Proverbs 12
13 □ Titus 2	□ Proverbs 13
14 □ Titus 2	□ Proverbs 14
15 □ Titus 2	□ Proverbs 15
16-17	----- <i>Reflection</i> -----
18 □ Titus 3	□ Proverbs 18
19 □ Titus 3	□ Proverbs 19
20 □ Titus 3	□ Proverbs 20
21 □ Titus 3	□ Proverbs 21
22 □ Titus 3	□ Proverbs 22
23-24	----- <i>Reflection</i> -----
25 □ Hebrews 1	□ Proverbs 25
26 □ Hebrews 1	□ Proverbs 26
27 □ Hebrews 1	□ Proverbs 27
28 □ Hebrews 1	□ Proverbs 28
29 □ Hebrews 1	□ Proverbs 29
30-31	----- <i>Reflection</i> -----

SEPTEMBER

Meditation Passage	Proverb of Day
1 □ Hebrews 2	□ Proverbs 1
2 □ Hebrews 2	□ Proverbs 2
3 □ Hebrews 2	□ Proverbs 3
4 □ Hebrews 2	□ Proverbs 4
5 □ Hebrews 2	□ Proverbs 5
6-7	----- <i>Reflection</i> -----
8 □ Hebrews 3	□ Proverbs 8
9 □ Hebrews 3	□ Proverbs 9
10 □ Hebrews 3	□ Proverbs 10
11 □ Hebrews 3	□ Proverbs 11
12 □ Hebrews 3	□ Proverbs 12
13-14	----- <i>Reflection</i> -----
15 □ Hebrews 4	□ Proverbs 15
16 □ Hebrews 4	□ Proverbs 16
17 □ Hebrews 4	□ Proverbs 17
18 □ Hebrews 4	□ Proverbs 18
19 □ Hebrews 4	□ Proverbs 19
20-21	----- <i>Reflection</i> -----
22 □ Hebrews 5	□ Proverbs 22
23 □ Hebrews 5	□ Proverbs 23
24 □ Hebrews 5	□ Proverbs 24
25 □ Hebrews 5	□ Proverbs 25
26 □ Hebrews 5	□ Proverbs 26