

28	□	1 Peter	1	□	Proverbs	28
29	□	1 Peter	1	□	Proverbs	29
30	□	1 Peter	1	□	Proverbs	30

OCTOBER

Meditation Passage	Proverb of Day
1 □ 1 Peter 1	□ Proverbs 1
2 □ 1 Peter 1	□ Proverbs 2
3-4	----- Reflection -----
5 □ 1 Peter 2	□ Proverbs 5
6 □ 1 Peter 2	□ Proverbs 6
7 □ 1 Peter 2	□ Proverbs 7
8 □ 1 Peter 2	□ Proverbs 8
9 □ 1 Peter 2	□ Proverbs 9
10-11	----- Reflection -----
12 □ 1 Peter 3	□ Proverbs 12
13 □ 1 Peter 3	□ Proverbs 13
14 □ 1 Peter 3	□ Proverbs 14
15 □ 1 Peter 3	□ Proverbs 15
16 □ 1 Peter 3	□ Proverbs 16
17-18	----- Reflection -----
19 □ 1 Peter 4	□ Proverbs 19
20 □ 1 Peter 4	□ Proverbs 20
21 □ 1 Peter 4	□ Proverbs 21
22 □ 1 Peter 4	□ Proverbs 22
23 □ 1 Peter 4	□ Proverbs 23
24-25	----- Reflection -----
26 □ 1 Peter 5	□ Proverbs 26
27 □ 1 Peter 5	□ Proverbs 27
28 □ 1 Peter 5	□ Proverbs 28
29 □ 1 Peter 5	□ Proverbs 29
30 □ 1 Peter 5	□ Proverbs 30
31	----- Reflection -----

NOVEMBER

Meditation Passage	Proverb of Day
1	----- Reflection -----
2 □ 2 Peter 1	□ Proverbs 2
3 □ 2 Peter 1	□ Proverbs 3
4 □ 2 Peter 1	□ Proverbs 4
5 □ 2 Peter 1	□ Proverbs 5
6 □ 2 Peter 1	□ Proverbs 6
7-8	----- Reflection -----
9 □ 2 Peter 2	□ Proverbs 9
10 □ 2 Peter 2	□ Proverbs 10
11 □ 2 Peter 2	□ Proverbs 11

12	□	2 Peter	2	□	Proverbs	12
13	□	2 Peter	2	□	Proverbs	13
14-15	-----	Reflection				-----
16	□	2 Peter	3	□	Proverbs	16
17	□	2 Peter	3	□	Proverbs	17
18	□	2 Peter	3	□	Proverbs	18
19	□	2 Peter	3	□	Proverbs	19
20	□	2 Peter	3	□	Proverbs	20
21-22	-----	Reflection				-----
23	□	Malachi	1	□	Proverbs	23
24	□	Malachi	1	□	Proverbs	24
25	□	Malachi	1	□	Proverbs	25
26	□	Malachi	1	□	Proverbs	26
27	□	Malachi	1	□	Proverbs	27
28-29	-----	Reflection				-----
30	□	Malachi	2	□	Proverbs	30

DECEMBER

Meditation Passage	Proverb of Day
1 □ Malachi 2	□ Proverbs 1
2 □ Malachi 2	□ Proverbs 2
3 □ Malachi 2	□ Proverbs 3
4 □ Malachi 2	□ Proverbs 4
5-6	----- Reflection -----
7 □ Malachi 3	□ Proverbs 7
8 □ Malachi 3	□ Proverbs 8
9 □ Malachi 3	□ Proverbs 9
10 □ Malachi 3	□ Proverbs 10
11 □ Malachi 3	□ Proverbs 11
12-13	----- Reflection -----
14 □ Malachi 4	□ Proverbs 14
15 □ Malachi 4	□ Proverbs 15
16 □ Malachi 4	□ Proverbs 16
17 □ Malachi 4	□ Proverbs 17
18 □ Malachi 4	□ Proverbs 18
19-20	----- Reflection -----
21 □ Haggai 1	□ Proverbs 21
22 □ Haggai 1	□ Proverbs 22
23 □ Haggai 1	□ Proverbs 23
24 □ Haggai 1	□ Proverbs 24
25 □ Haggai 1	□ Proverbs 25
26-27	----- Reflection -----
28 □ Haggai 2	□ Proverbs 28
29 □ Haggai 2	□ Proverbs 29
30 □ Haggai 2	□ Proverbs 30
31 □ Haggai 2	□ Proverbs 31



2026 OBC Scripture Meditation Plan

Some Bible Reading plans run through the Bible so quickly that you don't have time to understand and apply what you're reading. There's value in reading through the Bible in a year . . . but there's also value in reading it slowly and repeatedly to make sure you understand it. The second approach is what this Scripture Meditation Plan is all about. Each week you'll read and re-read one chapter of God's Word, allowing its truths to sink deeply into your heart and life. Each day you'll also read some Psalms or Proverbs to draw you into worship and give you new things to think about.

JANUARY

Meditation Passage	Psalms of Day
1	----- Reflection -----
2	----- Reflection -----
3-4	----- Reflection -----
5 □ Romans 1	□ Ps. 5,35,65,95,125
6 □ Romans 1	□ Ps. 6,36,66,96,126
7 □ Romans 1	□ Ps. 7,37,67,97,127
8 □ Romans 1	□ Ps. 8,38,68,98,128
9 □ Romans 1	□ Ps. 9,39,69,99,129
10-11	----- Reflection -----
12 □ Romans 2	□ Ps. 12,42,72,102,132
13 □ Romans 2	□ Ps. 13,43,73,103,133
14 □ Romans 2	□ Ps. 14,44,74,104,134
15 □ Romans 2	□ Ps. 15,45,75,105,135
16 □ Romans 2	□ Ps. 16,46,76,106,136
17-18	----- Reflection -----
19 □ Romans 3	□ Ps. 19,49,79,109,139
20 □ Romans 3	□ Ps. 20,50,80,110,140
21 □ Romans 3	□ Ps. 21,51,81,111,141
22 □ Romans 3	□ Ps. 22,52,82,112,142
23 □ Romans 3	□ Ps. 23,53,83,113,143
24-25	----- Reflection -----
26 □ Romans 4	□ Ps. 26,56,86,116,146
27 □ Romans 4	□ Ps. 27,57,87,117,147
28 □ Romans 4	□ Ps. 28,58,88,118,148
29 □ Romans 4	□ Ps. 29,59,89,149
30 □ Romans 4	□ Ps. 30,60,90,120,150
31	----- Reflection -----

FEBRUARY

Meditation Passage	Psalms of Day
1	----- Reflection -----
2 □ Romans 5	□ Ps. 2,32,62,92,122
3 □ Romans 5	□ Ps. 3,33,63,93,123
4 □ Romans 5	□ Ps. 4,34,64,94,124
5 □ Romans 5	□ Ps. 5,35,65,95,125

6 □ Romans 5	□ Ps. 6,36,66,96,126
7-8	----- Reflection -----
9 □ Romans 6	□ Ps. 9,39,69,99,129
10 □ Romans 6	□ Ps. 10,40,70,100,130
11 □ Romans 6	□ Ps. 11,41,71,101,131
12 □ Romans 6	□ Ps. 12,42,72,102,132
13 □ Romans 6	□ Ps. 13,43,73,103,133
14-15	----- Reflection -----
16 □ Romans 7	□ Ps. 16,46,76,106,136
17 □ Romans 7	□ Ps. 17,47,77,107,137
18 □ Romans 7	□ Ps. 18,48,78,108,138
19 □ Romans 7	□ Ps. 19,49,79,109,139
20 □ Romans 7	□ Ps. 20,50,80,110,140
21-22	----- Reflection -----
23 □ Romans 8	□ Ps. 23,53,83,113,143
24 □ Romans 8	□ Ps. 24,54,84,114,144
25 □ Romans 8	□ Ps. 25,55,85,115,145
26 □ Romans 8	□ Ps. 26,56,86,116,146
27 □ Romans 8	□ Ps. 27,57,87,117,147
28	----- Reflection -----

MARCH

Meditation Passage	Psalms of Day
1	----- Reflection -----
2 □ Romans 9	□ Ps. 2,32,62,92,122
3 □ Romans 9	□ Ps. 3,33,63,93,123
4 □ Romans 9	□ Ps. 4,34,64,94,124
5 □ Romans 9	□ Ps. 5,35,65,95,125
6 □ Romans 9	□ Ps. 6,36,66,96,126
7-8	----- Reflection -----
9 □ Romans 10	□ Ps. 9,39,69,99,129
10 □ Romans 10	□ Ps. 10,40,70,100,130
11 □ Romans 10	□ Ps. 11,41,71,101,131
12 □ Romans 10	□ Ps. 12,42,72,102,132
13 □ Romans 10	□ Ps. 13,43,73,103,133
14-15	----- Reflection -----
16 □ Romans 11	□ Ps. 16,46,76,106,136
17 □ Romans 11	□ Ps. 17,47,77,107,137

18	□	Romans	11	□	Ps. 18,48,78,108,138
19	□	Romans	11	□	Ps. 19,49,79,109,139
20	□	Romans	11	□	Ps. 20,50,80,110,140
21-22 ----- <i>Reflection</i> -----					
23	□	Romans	12	□	Ps. 23,53,83,113,143
24	□	Romans	12	□	Ps. 24,54,84,114,144
25	□	Romans	12	□	Ps. 25,55,85,115,145
26	□	Romans	12	□	Ps. 26,56,86,116,146
27	□	Romans	12	□	Ps. 27,57,87,117,147
28-29 ----- <i>Reflection</i> -----					
30	□	Romans	13	□	Ps. 30,60,90,120,150
31	□	Romans	13	□	Ps. 119

APRIL

Meditation Passage			Psalms of Day		
1	□	Romans 13	□	Ps. 1,31,61,91,121	
2	□	Romans 13	□	Ps. 2,32,62,92,122	
3	□	Romans 13	□	Ps. 3,33,63,93,123	
4-5 ----- <i>Reflection</i> -----					
6	□	Romans 14	□	Ps. 6,36,66,96,126	
7	□	Romans 14	□	Ps. 7,37,67,97,127	
8	□	Romans 14	□	Ps. 8,38,68,98,128	
9	□	Romans 14	□	Ps. 9,39,69,99,129	
10	□	Romans 14	□	Ps. 10,40,70,100,130	
11-12 ----- <i>Reflection</i> -----					
13	□	Romans 15	□	Ps. 13,43,73,103,133	
14	□	Romans 15	□	Ps. 14,44,74,104,134	
15	□	Romans 15	□	Ps. 15,45,75,105,135	
16	□	Romans 15	□	Ps. 16,46,76,106,136	
17	□	Romans 15	□	Ps. 17,47,77,107,137	
18-19 ----- <i>Reflection</i> -----					
20	□	Romans 16	□	Ps. 20,50,80,110,140	
21	□	Romans 16	□	Ps. 21,51,81,111,141	
22	□	Romans 16	□	Ps. 22,52,82,112,142	
23	□	Romans 16	□	Ps. 23,53,83,113,143	
24	□	Romans 16	□	Ps. 24,54,84,114,144	
25-26 ----- <i>Reflection</i> -----					
27	□	Galatians 1	□	Ps. 27,57,87,117,147	
28	□	Galatians 1	□	Ps. 28,58,88,118,148	
29	□	Galatians 1	□	Ps. 29,59,89,149	
30	□	Galatians 1	□	Ps. 30,60,90,120,150	

MAY

Meditation Passage		Psalms of Day	
1	□ Galatians 1	□	Ps. 1,31,61,91,121
2-3 ----- <i>Reflection</i> -----			

4	□	Galatians	2	□	Ps. 4,34,64,94,124
5	□	Galatians	2	□	Ps. 5,35,65,95,125
6	□	Galatians	2	□	Ps. 6,36,66,96,126
7	□	Galatians	2	□	Ps. 7,37,67,97,127
8	□	Galatians	2	□	Ps. 8,38,68,98,128
9-10 ----- <i>Reflection</i> -----					
11	□	Galatians	3	□	Ps. 11,41,71,101,131
12	□	Galatians	3	□	Ps. 12,42,72,102,132
13	□	Galatians	3	□	Ps. 13,43,73,103,133
14	□	Galatians	3	□	Ps. 14,44,74,104,134
15	□	Galatians	3	□	Ps. 15,45,75,105,135
16-17 ----- <i>Reflection</i> -----					
18	□	Galatians	4	□	Ps. 18,48,78,108,138
19	□	Galatians	4	□	Ps. 19,49,79,109,139
20	□	Galatians	4	□	Ps. 20,50,80,110,140
21	□	Galatians	4	□	Ps. 21,51,81,111,141
22	□	Galatians	4	□	Ps. 22,52,82,112,142
23-24 ----- <i>Reflection</i> -----					
25	□	Galatians	5	□	Ps. 25,55,85,115,145
26	□	Galatians	5	□	Ps. 26,56,86,116,146
27	□	Galatians	5	□	Ps. 27,57,87,117,147
28	□	Galatians	5	□	Ps. 28,58,88,118,148
29	□	Galatians	5	□	Ps. 29,59,89,149
30-31 ----- <i>Reflection</i> -----					

JUNE

Meditation Passage				Psalms of Day	
1	□	Galatians	6	□	Ps. 1,31,61,91,121
2	□	Galatians	6	□	Ps. 2,32,62,92,122
3	□	Galatians	6	□	Ps. 3,33,63,93,123
4	□	Galatians	6	□	Ps. 4,34,64,94,124
5	□	Galatians	6	□	Ps. 5,35,65,95,125
6-7 ----- <i>Reflection</i> -----					
8	□	Ephesians	1	□	Ps. 8, 38,68,98,128
9	□	Ephesians	1	□	Ps. 9, 39,69,99,129
10	□	Ephesians	1	□	Ps. 10,40,70,100,130
11	□	Ephesians	1	□	Ps. 11,41,71,101,131
12	□	Ephesians	1	□	Ps. 12,42,72,102,132
13-14 ----- <i>Reflection</i> -----					
15	□	Ephesians	2	□	Ps. 15,45,75,105,135
16	□	Ephesians	2	□	Ps. 16,46,76,106,136
17	□	Ephesians	2	□	Ps. 17,47,77,107,137
18	□	Ephesians	2	□	Ps. 18,48,78,108,138
19	□	Ephesians	2	□	Ps. 19,49,79,109,139
20-21 ----- <i>Reflection</i> -----					
22	□	Ephesians	3	□	Ps. 22,52,82,112,142

23	□	Ephesians	3	□	Ps. 23,53,83,113,143
24	□	Ephesians	3	□	Ps. 24,54,84,114,144
25	□	Ephesians	3	□	Ps. 25,55,85,115,145
26	□	Ephesians	3	□	Ps. 26,56,86,116,146
27-28 ----- <i>Reflection</i> -----					
29	□	Ephesians	4	□	Ps. 29,59,89,149
30	□	Ephesians	4	□	Ps. 30,60,90,120,150

JULY

Meditation Passage			Proverb of Day		
1	☐	Ephesians 4	☐	Proverbs 1	
2	☐	Ephesians 4	☐	Proverbs 2	
3	☐	Ephesians 4	☐	Proverbs 3	
4-5			----- <i>Reflection</i> -----		
6	☐	Ephesians 5	☐	Proverbs 6	
7	☐	Ephesians 5	☐	Proverbs 7	
8	☐	Ephesians 5	☐	Proverbs 8	
9	☐	Ephesians 5	☐	Proverbs 9	
10	☐	Ephesians 5	☐	Proverbs 10	
11-12			----- <i>Reflection</i> -----		
13	☐	Ephesians 6	☐	Proverbs 13	
14	☐	Ephesians 6	☐	Proverbs 14	
15	☐	Ephesians 6	☐	Proverbs 15	
16	☐	Ephesians 6	☐	Proverbs 16	
17	☐	Ephesians 6	☐	Proverbs 17	
18-19			----- <i>Reflection</i> -----		
20	☐	1 Tim. 1	☐	Proverbs 20	
21	☐	1 Tim. 1	☐	Proverbs 21	
22	☐	1 Tim. 1	☐	Proverbs 22	
23	☐	1 Tim. 1	☐	Proverbs 23	
24	☐	1 Tim. 1	☐	Proverbs 24	
25-26			----- <i>Reflection</i> -----		
27	☐	1 Tim. 2	☐	Proverbs 27	
28	☐	1 Tim. 2	☐	Proverbs 28	
29	☐	1 Tim. 2	☐	Proverbs 29	
30	☐	1 Tim. 2	☐	Proverbs 30	
31	☐	1 Tim. 2	☐	Proverbs 31	

AUGUST

Meditation Passage		Proverb of Day	
1-2	-----	<i>Reflection</i> -----	
3	□ 1 Tim.	3	□ Proverbs 3
4	□ 1 Tim .	3	□ Proverbs 4
5	□ 1 Tim.	3	□ Proverbs 5
6	□ 1 Tim.	3	□ Proverbs 6
7	□ 1 Tim.	3	□ Proverbs 7

8-9 ----- <i>Reflection</i> -----					
10	□	1 Tim.	4	□	Proverbs 10
11	□	1 Tim.	4	□	Proverbs 11
12	□	1 Tim.	4	□	Proverbs 12
13	□	1 Tim.	4	□	Proverbs 13
14	□	1 Tim.	4	□	Proverbs 14
15-16 ----- <i>Reflection</i> -----					
17	□	1 Tim.	5	□	Proverbs 17
18	□	1 Tim.	5	□	Proverbs 18
19	□	1 Tim.	5	□	Proverbs 19
20	□	1 Tim.	5	□	Proverbs 20
21	□	1 Tim.	5	□	Proverbs 21
22-23 ----- <i>Reflection</i> -----					
24	□	1 Tim.	6	□	Proverbs 24
25	□	1 Tim.	6	□	Proverbs 25
26	□	1 Tim.	6	□	Proverbs 26
27	□	1 Tim.	6	□	Proverbs 27
28	□	1 Tim.	6	□	Proverbs 28
29-30 ----- <i>Reflection</i> -----					
31	□	2 Tim.	1	□	Proverbs 31

SEPTEMBER

Meditation Passage			Proverb of Day		
1	□	2 Tim.	1	□	Proverbs 1
2	□	2 Tim.	1	□	Proverbs 2
3	□	2 Tim.	1	□	Proverbs 3
4	□	2 Tim.	1	□	Proverbs 4
5-6			<i>Reflection</i>		
7	□	2 Tim.	2	□	Proverbs 7
8	□	2 Tim.	2	□	Proverbs 8
9	□	2 Tim.	2	□	Proverbs 9
10	□	2 Tim.	2	□	Proverbs 10
11	□	2 Tim.	2	□	Proverbs 11
12-13			<i>Reflection</i>		
14	□	2 Tim.	3	□	Proverbs 14
15	□	2 Tim.	3	□	Proverbs 15
16	□	2 Tim.	3	□	Proverbs 16
17	□	2 Tim.	3	□	Proverbs 17
18	□	2 Tim.	3	□	Proverbs 18
19-20			<i>Reflection</i>		
21	□	2 Tim.	4	□	Proverbs 21
22	□	2 Tim.	4	□	Proverbs 22
23	□	2 Tim.	4	□	Proverbs 23
24	□	2 Tim.	4	□	Proverbs 24
25	□	2 Tim.	4	□	Proverbs 25
26-27			<i>Reflection</i>		